

Children of The Americas



# Supermarket Saturday!



"In this life, we cannot do great things. We can only do small things with great love."  
Mother Teresa

## SHOPPING LIST

### Breakfast Foods

- ✓ Sack of Rice
- ✓ Sack of Pinto Beans
- ✓ Box of Powdered Milk
- ✓ Package of Hot Chocolate
- ✓ Sack of Flour
- ✓ Package of Pancake Mix
- ✓ Pancake Syrup
- ✓ Vegetable Oil
- ✓ Box of Corn Flakes
- ✓ Package of Velveeta Cheese
- ✓ Jar or Peanut Butter
- ✓ Jar of Jelly
- ✓ Package of Cinammon
- ✓ Package of Hot Cereal
- ✓ Bag of Raisins

**Help us feed 500 hungry children for an entire month.** We're working with Children of The Americas to gather a metric ton of food to stock the dining rooms in Tijuana, Mexico.

You can help us gather a metric ton of breakfast foods to keep the dining rooms operating. It's easy. While you're shopping, just pick any food item listed on this flyer, and drop it off at the Children of The Americas table in front of the store. That's it.

To find out more about the Food for Kids and school aid programs and how you can help, please call 949-709-0673, email us, or visit us on our website. Thanks from the kids.



Children of the Americas  
67 Gingham St.  
Trabuco Canyon, CA 92679  
949-709-0673  
dave@americaschildren.org  
www.americaschildren.org

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